



*The Nanaimo Yacht Club is presenting the 29th year of SIN Camaraderie and Competition*

Snake Island Nanaimo (SIN) Regatta  
**SAILING INSTRUCTIONS (SIs)**  
2022 Martin 242 North American Championship

Friday, July 1 to Sunday July 3, 2022

*The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).*

## **1 RULES**

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing* ("RRS").
- 1.2 The "class rules" for the purposes of the definition of "rules" are the *International Martin 242 Class Association Rules* (IMCAR).
- 1.3 In accordance with rule G3, a chartered or loaned boat may carry a sail number other than her hull number, if the numbers displayed on the main and spinnaker are different, notify the Race Committee.
- 1.4 The Sail Canada prescriptions will apply and are appended to this Sailing Instructions as Attachment "A".
- 1.5 A boat may apply to the Event Measurer for a dispensation from a class rule. Dispensations granted will be posted on the official notice board.

## **2 CHANGES TO SAILING INSTRUCTIONS**

- 2.1 Any change to the sailing instructions will be posted before 0830 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

### **3 COMMUNICATIONS WITH COMPETITORS**

- 3.1 Notices to competitors will be posted on the Official Notice Board located in the NYC's clubhouse lower level, next to the Regatta Race Office.
- 3.2 Also see NoR 15.

### **4 CODE OF CONDUCT**

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race official

### **5 SIGNALS MADE ASHORE**

- 5.1 Signals made ashore will be displayed from the flagstaff adjacent to the NYC Clubhouse.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 90 minutes' in Race Signals AP.

### **6 SCHEDULE OF RACES**

- 6.1 See NoR 5.

### **7 CLASS FLAGS**

- 7.1 The Class flag (Warning Signal) is the Martin 242 class flag:

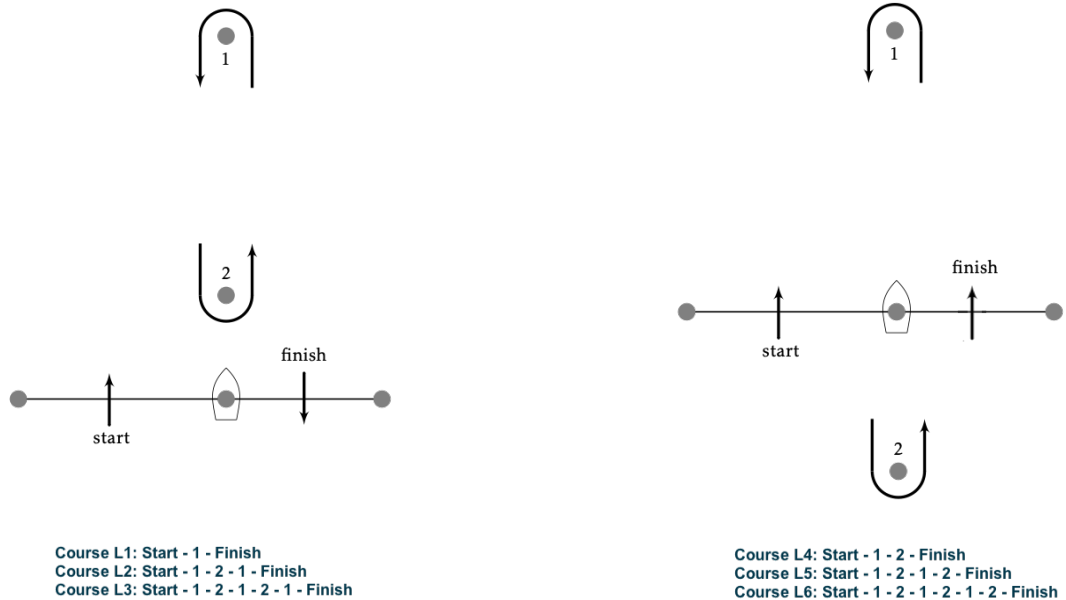


### **8 RACING AREA**

- 8.1 The racing area will be in an area located between Protection Island, Newcastle Island and Gabriola Island and Five Fingers Islets. For details see Attachment "B."
- 8.2 The signal vessel will be "Sophrosyne," a 47 ft. white sailboat, anchored near Angle Point, Newcastle Island, in the area marked "SA" (Starting Area) on Attachment "B."

## 9 COURSES

9.1 The diagrams below show the course, the order in which marks are to be passed, and the side on which each mark is to be left.



## 10 MARKS

10.1 Marks are:

- a) 1: Inflatable Mark set to weather of the starting line, **orange** 6' ball.
- b) 2: Inflatable Mark set to weather of the starting line, or Inflatable Mark set to leeward of the starting line, **orange** 6' ball.
- c) Start/Finish:
  - i) Start marks are a race committee boat flying an orange shape at starboard end and a **yellow** inflatable mark on the other end.
  - ii) Finish marks are a race committee boat flying a blue shape at the port end and an **orange** scotchman ball on the other end.
- d) A New Mark, as provided in SI 13.1 below, will be a yellow inflatable with a green band.

## 11 OBSTRUCTIONS

- 11.1 No boats shall pass between Protection and Newcastle Islands while racing.
- 11.2 In all courses, Aids to Navigation shall be passed on their prescribed side according to IALA – System B.

## 12 THE START

- 12.1 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.
- 12.2 The start line is between a staff displaying an **orange** shape on the signal vessel at the starboard end and a **yellow** inflatable buoy at the pin end of the start line.

- 12.3 [NP][DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 12.4 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a request for redress. This changes RRS 62.1(a).
- 12.5 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

**13 CHANGE OF THE NEXT LEG OF THE COURSE**

- 13.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

**14 THE FINISH**

- 14.1 The finishing line is between a staff displaying a **blue** shape on the signal vessel at the starboard end and an **orange** Scotchman ball at the pin end of the finish line.

**15 PENALTY SYSTEM**

See NOR 10.

**16 TIME LIMITS AND TARGET TIMES**

- 16.1 The Target Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

Mark 1 Time Limit	Race Time Limit	Finishing Window
30 minutes	90 minutes	30 minutes

- 16.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
- 16.3 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.
- 16.4 If no boat has finished within 90 minutes of the start, the race will be abandoned.
- 16.5 The Target Time is 45 minutes. Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).

## **17 HEARING REQUESTS**

- 17.1 The protest time limit is 90 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the Official Notice Board.
2. Hearing request forms shall be completed online using the racingrulesofsailing.org website at: [https://www.racingrulesofsailing.org/protests/new?event\\_id=4183](https://www.racingrulesofsailing.org/protests/new?event_id=4183)
3. Questions regarding hearings may be sent to the Chief Judge at: [captkeith@yahoo.ca](mailto:captkeith@yahoo.ca)
4. Notices of protests by the race committee or protest committee will be posted using the racingrulesofsailing.org website to inform boats under RRS 61.1(b) at the following address:  
[https://www.racingrulesofsailing.org/protests?event\\_id=4183](https://www.racingrulesofsailing.org/protests?event_id=4183)
5. Protest hearings will be held in the Regatta Race Office, located downstairs at the NYC Clubhouse, as quickly as possible and in the approximate order of receipt, beginning at the time announced on the hearing notice.

## **18 SCORING**

- 18.1 See NoR 11.

## **19 SAFETY REGULATIONS**

- 19.1 [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

## **20 REPLACEMENT OF CREW OR EQUIPMENT**

- 20.1 See IMCAR 3.7.6

## **21 EQUIPMENT AND MEASUREMENT CHECKS**

- 21.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

## **22 [DP] SUPPORT TEAMS**

- 22.1 Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

## **23 TRASH DISPOSAL**

- 23.1 See RRS 47. Trash shall be contained on board and disposed of appropriately when back ashore. All garbage and recycling shall be deposited in the NYC club facilities provided.

## **24 HAUL-OUT RESTRICTIONS**

- See NoR 13.

## **25 DIVING EQUIPMENT AND PLASTIC POOLS**

See NoR 14.

## **26 PRIZES**

Prizes will be awarded as per NoR 16.

## **27 RISK STATEMENT**

- 27.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

## **28 INSURANCE**

See NoR 18.1

# **SI ATTACHMENT A**

## **Sail Canada Prescriptions 2021–2024**

Effective 1 January 2021

### **Rule 46 – Person in Charge**

*Sail Canada prescribes that the designated person in charge, if resident in Canada, shall be a member of Sail Canada through either a club affiliated to Sail Canada or such person's Provincial Sailing Association.*

### **Rule 61.2 – Protest Contents**

*Sail Canada prescribes that no fee shall be charged for delivering a protest or a request for redress.*

### **Rule 67 – Damages**

*Sail Canada prescribes that a boat that has been found by a protest committee to have broken a rule and caused damage shall be considered at fault for the purposes of rule 67.*

### **Rule 70.5(a) – Appeals and Requests to a National Authority**

*Sail Canada so prescribes.*

### **Rule 86.3 – Changes to the Racing Rules**

*Sail Canada so prescribes.*

### **Rule 88.2 – Changes to Prescriptions**

*Sail Canada prescribes that its prescriptions to rules 61.2 and 67 may not be changed or deleted. The notice of race or sailing instructions may change or delete any other Sail Canada prescription only if a no-appeal jury or an international jury has been appointed for the event.*

### **Rule 91(b) – Protest Committee**

*Sail Canada prescribes that, before making a request to World Sailing for an international jury formed under*

rule N1.7 comprised of only three members, written approval be obtained from Sail Canada.

## Appendix B, Rule B5 — Changes to the Rules of Part 5

### 70.5(a) – Appeals and Requests to a National Authority

Sail Canada so prescribes.

## Appendix E, Rule E8 – Changes to Appendix G, Identification on Sails

Sail Canada prescribes that this rule applies to Canadian boats in all classes.

## Appendix R – Procedures for Appeals and Requests

Submit appeals and requests to Sail Canada at: [appeals@sailing.ca](mailto:appeals@sailing.ca)

Sail Canada prescribes that it may delegate the responsibilities and actions of the national authority in rules 71.2, 71.3, R3, R4 and R5 to a provincial appeals committee.

Decisions of a provincial appeals committee may be further appealed to Sail Canada. If a decision is further appealed, the time limit in each of rules R2.1 and R4.4 is changed to seven days and the words “protest committee” are changed to “provincial appeals committee” wherever they are found. In rule R4.4 the protest committee may also comment on the further appeal and receive copies.

## SI ATTACHMENT B

### RACING AREA

